



SERVICES

- SUD Prevention/ Education
- SUD Treatment:
- Assessments
- Individual Counseling
- Group Sessions
- Case Management
- Cultural Activities
- SUD Aftercare
- SUD Related Referrals



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<https://trinidad-rancheria.org/departments/social-services-department/>



<https://www.facebook.com/groups/1087211288462662>

SUBSTANCE USE DISORDER PROGRAM

Cher-Ae Heights Indian Community
of the Trinidad Rancheria





TREATMENT DESCRIPTION



AOD: Weekly counseling sessions. For drug and alcohol education and prevention. Also for low level alcohol and drug abuse. Possible UA drug and alcohol screening.

Out Patient: Weekly individual sessions with three groups per week. UA drug and alcohol screening. For intermediate to substantial addictions.

Aftercare: One individual counseling session and one group per week. UA drug and alcohol screening. For people who have completed either residential or outpatient treatment.

Referrals and Case Management: These services will be offered as it relates to substance use disorders and the recovery process.

**OUR GOAL IS TO CREATE
SERVICES THAT ARE
CULTURALLY APPROPRIATE
AND AFFECTIVE FOR THE
COMMUNITY THAT WE SERVE.**

Our program provides evidence based treatment for addiction.

Our program is client centered and trauma informed

Our program believes in strength based approaches

Our program believes in the power of restoring cultural identity and sound cultural principles and values.

PROGRAMMING



Groups

- White Bison's Red Road to Wellbriety
- Relapse Prevention
- DBT Skills

Groups will teach skills to reduce risk factors and introduce cultural teaching and activities to increase resiliency factors.



**" HEALING DOESN'T MEAN THE
DAMAGE NEVER EXISTED. IT
MEANS THE DAMAGE WILL NO
LONGER CONTROL OUR LIVES."**

